

Pathophysiology of Pain

Students' Names:

Institutional Affiliation:

Unit:

Instructor:

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The best way to educate students to become resourceful, inspired and resilient based on the factors identified above, entails the use of examples and illustrations in which people used their skills in different ways other than what they were taught in school. For instance, the illustration of people such as Bill Gates, Steve Jobs and Mark Zuckerberg, as well as other inspirational figures in the contemporary world, would play a significant role in teaching students to identify and understand their unique talents and skills (Pascoe, 2018). According to research, for students to become resilient and resourceful, the education system applied in public schools should match their needs of those of the society at large (Bramblett & Broderick, 2018).

This implies that the education system, as well as the curriculum used in schools, should be relevant to the students' desires and goals in life by equipping them with the knowledge and skills necessary for survival. It should also help the students build elaborate and successful societies through the expansion of the model of education. In fact, research states that majority of the people who have gone through public schools have exceeded the survival level by applying the knowledge and skills in an intelligent manner (Akbiyik, 2018).

In order to teach students to become resilient, resourceful and inspired, educators should focus on showing them ways in which they may apply the knowledge and skills acquired in the class beyond an individual or society's survival. The achievement of such objectives would occur through the expansion of the students' goals as well as those of the society through helping them develop their unique abilities and talents. It also necessitates assisting students to reach their potential by sharpening the skills and abilities in their particular activities they excel (Funderstanding, 2011).

Similarly, these goals should be followed closely by helping the students to develop into a responsible and contented member of the community through understanding and appreciating the interconnected of all individuals in the society. Additionally, as a teacher, I would help the student respect the environment by emphasizing the various issues that hinder the achievement of desired goals as identified above. These would be coupled with working collaboratively with the students, their families and the community at large in creating of living a meaningful life.

Most importantly, the best way to educate the students to become resourceful, resilient and inspired entails showing them that the subsequent stages in the education process do not replace the ones applied previously (Keeler, 2017). This implies the education system should incorporate and build upon the issues identified in a way that supports the quest for survival at a personal and societal level. It should also include strategies and practices that support all students as they strive to create fulfilling, purposeful and satisfying lives.

In most instances, when we think about resourcefulness, we imagine the past generations of our parents and grandparents, who despite the adverse conditions that they had to endure managed to make rich and fulfilling lives for themselves (Briggs, 2015). The society that we live in right now, the age of convenience, where literally everything is available at our fingertips the ultimate mark of resourcefulness is the ability to welcome and adapt in the light of inconveniences. Students need to learn the art of embracing obstacles and challenges that may come our way, and also to recognize the value of discomfort, in a world where everything is geared towards making our lives more comfortable.

The relationship between resourcefulness and academic performance in students has been a subject of interest for researchers in the last few decades. There have been limited, but conclusive studies in the relationship, that have all concluded that resourceful students have the capability to handle the stress that comes academics better and enjoy better mind conditions than their non-resourceful counterparts in the event that the stressors are experienced by both parties. These two factors have also been found to contribute to better academic performance in the resourceful students.

In the age of quick fixes and easy solutions, nurturing resourcefulness in students is a crucial, but challenging task that requires the efforts of all the stakeholders in the students' lives, from their teachers, their tutors and also their parents (Edwards, 2005). These parties need to take steps to nature the resourcefulness of the students from the earliest age that they can. The first step would be by encouraging the students to focus on what they can do and not let what they cannot do interfere with their creative process. Students and young people in general have the tendency to let their limitations stifle their abilities by focusing on the constraints that they face. It is important to point out to the students that doing so is counter-productive and hinders their progress in life (Briggs, 2015). The key to resourcefulness is considering all the possibilities that are available, no matter how far-fetched they may sound.

Educators should teach their students to focus on the big picture in every instance in the classroom, and not just what their assignment or project is. The focus of every class and learning activity should be the learning goal and not the impact that the class has on the grade. With this in mind, it is therefore very easy for the student to understand where their task and assignments fit into the learning goal, and thus help them to think more broadly on the possible solutions to the problem. This is supplemented by giving students problems and projects that encourage them

to think critically and involve the ideas of fellow classmates (Souers & Hall, 2016). Resourceful students should understand the advantage of collaboration with multiple minds with different mindsets for the greater good.

A resourceful student and ultimately a resourceful adult is not only academically accomplished, but also an all rounded person with excellent resilience and interpersonal skills that need to be nurtured in the student's formative years. The problem that we are experiencing with the younger generation is due to the lack of resilience and resourcefulness in the students in the event of their graduation from the formal education system. This can be remedied by the nurturing of resourcefulness by all the parties that are involved in the growth process of the students.

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